

VOL. 2 ISSUE 2

# NORTH STAR MANOR

WINTER 2023

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WWW.NORTHSTARMANOR.ORG

## THE IMPORTANCE OF COMMUNITY

By: Katie Kleven, North Star Manor Public Relations & Fundraising Officer

North Star Manor's mission statement is "to grow a compassionate community that provides an environment of love, care, and kindness for all who pass through our doors."

The word **COMMUNITY** sticks out to me. What some people can forget is that senior housing, whether it be long-term care, assisted-living, or independent living apartments, are all based around community. Our facilities are so much more than just a place to live. Our facilities are **HOME**. Our goal is continue to build our community **WITH** our community, and that's you! Support from our community helps us ensure that our staff have a great place to work and our residents have a great place to live.

North Star Manor Administrator, Morgan Skeim, can visualize the growth of our facilities. "In the next few years, I hope to see North Star Manor full and continuing to provide a continuum of care to our community members. I hope to see us better utilizing our therapists to provide more short-term rehabilitation close to home for our community members." Our continued support and growth will open the door to all different types of opportunities including employment and living solutions.

As the city of Warren and surrounding areas continue to grow, so does the need for senior housing. The generous support we have, and continue to receive, along with state and federal funding, allow us to compete with larger cities.

As you finish out the year and contemplate your end-of-year giving, please consider making a donation to North Star Manor so we can continue to provide excellent care for our seniors in our **COMMUNITY!**

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## EMPLOYEE ANNIVERSARIES

### 1 YEAR

Emily Hebert  
Angela Sexton  
Eddica Vasquez  
Ashley Bishop  
Beth Bray  
Kaitlynn Kasprowicz  
Morgan Skeim  
Ivania Gonzalez  
John Campbell

### 2 YEARS

Lana Hoepfer  
Jennifer Jacobson  
Joyce Storeby  
Lisa Morken

### 3 YEARS

Paula Gaber  
Michele Burkholder  
Matthew Desroiser  
Camden Parkhurst  
Angie Goulet  
Tammy DeLisle

### 4 YEARS

Amanda Liebersbach  
Lisa O'Keefe

### 7 YEARS

April Vansickle  
Lydia Bruggeman

### 9 YEARS

Gail Bjorgaard

### 10 YEARS

Katherine Horgen

### 15 YEARS

Kelsey Kasprowicz

### 49 YEARS

Darlene Pagnac

## EMPLOYEE OF THE QUARTER

### 3RD QUARTER



**Carrie Baumann, LPN**

*NSM Employee:  
5 Years*

"Carrie is a positive person who genuinely cares for the well-being of our residents. She has a good rapport with other staff and is always willing to help out. While she has been furthering her career in nursing, she has become a well-respected nurse leader here. Carrie lives in a nearby community and continued to work even when her own town was flooding. She is a wonderful example of compassion and excellence in nursing!"

## EMPLOYEE OF THE QUARTER

### 4TH QUARTER



**Paula Gaber, Interim  
Director of Nursing**

*NSM Employee:  
3 Years*

"Paula stepped up in a time of need and took on the duties of interim DON in addition to her position as Nurse Manager. Paula is an exceptional advocate for our residents, a supportive leader to her staff and a reliable team member. Paula has put in a lot of extra time to keep operations flowing and was a huge part of us doing so well on Survey! We are lucky to have her on our team!"

# CNA STARS

## RECOGNIZING OUR AMAZING CNAS

In the Minnesota Office of Higher Education's *Nursing Assistant Initiative Monitoring Report* (2023), they state that CNAs are the "sixth highest in-demand job in the State of Minnesota." Research shows that part of this demand is due to the Covid-19 pandemic. Minnesota has realized this emergent need for CNAs and is actively working on their 2022 goal to help train 1,000 new CNAs by funding the NA Initiative through state and federal funds. Northland Community and Technical College in East Grand Forks is one of the training facilities providing these trainings at little to no cost thanks to this funding.

Every year during the month of June, our nation celebrates our Certified Nursing Assistants (CNAs). To our amazing North Star CNAs, one week just isn't enough to celebrate you! Thank you for showing up every single day and providing our residents with the best quality of care around. Our facilities could not function without you!

Are you interested in joining our team as a CNA? We are hiring! Applications can be found on our website under the "Careers" tab: <https://www.northstarmanor.org/careers/>



**Britney Columbus**  
CNA



**Darlene Pagnac**  
CNA, Bath Aide



**Tammy Duckstad**  
Restorative Aide



**Lisa Morken**  
Restorative Aide

Happy Fall from the activities department and residents at North Star Manor!

Summer turned into Fall all too quickly it seemed this year but we found a lot of fun in it all! We hope you found some fun and adventure during the warmer months and find comfort and Joy during the wonderful holiday season ahead!

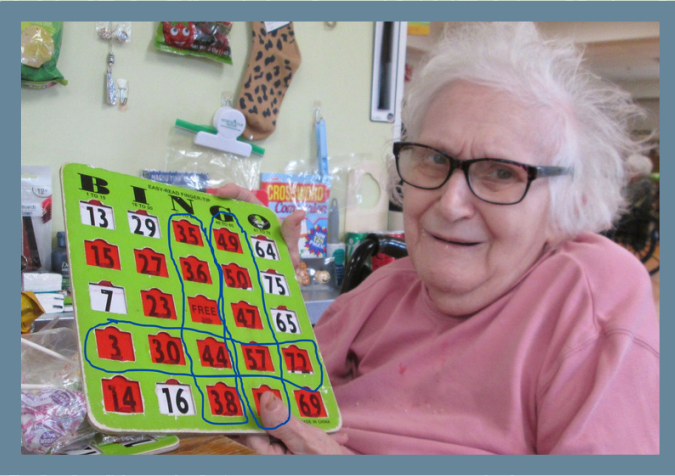
# ACTIVITIES CORNER



Each week activities and wellness staff come together for a fun active group activity--like balloon volleyball.



The men gathered for a fun round of Nerf Target shooting in November.



Each week we all enjoy gathering for Bingo! On this particular day Orleen Johnson had three Bingo's on the same card!



Marjorie Kasproicz and Nettie Kuznia turn Eulalie Peterson into a Mummy during a fun Halloween activity.



Our residents enjoyed seeing all of the trick or treaters from the warmth of the dining room.



S'mores on the patio was a hit! Dennis McDaniel roasting marshmallows for a crowd!



Our Saviors Lutheran were kind enough to host our November Birthday party. We had a nice gathering with a few friends and residents!! Pictured: Sharon Nicholls, Ruth Ann Johnson, and Eulalie Peterson visiting with some guests.



Our residents stayed warm by sitting inside and sporting masks they made in activities to wear during walk-thru trick-or-treating.



Ed Palmer shows off the deer mask he made in activities for Halloween.



Elsie Conely celebrated her 102nd Birthday with a lively group and music! Thank you to Cathy Erickson for spending the afternoon with us.



Each month we honor those celebrating their birthday's that month. Julila Haugtvad & Dorothy Nybladh share a birthday on July 28th.

# A MOMENT WITH CHAPLAIN DANN



## FINDING RENEWAL DURING THE HOLIDAYS

By: Dann Pageler, North Star Manor Chaplain

A popular Christmas song rings out with the phrase “It’s the most wonderful time of the year!” However, your experience may feel a little different this year. The loss of a loved one, a significant health decline, or just life’s challenges may have piled up this past year making the approaching holiday season seem less than wonderful.

Be encouraged today by the assurance and promise found in Isaiah 40:28-31 (New Living Translation).

“Have you never heard? Have you never understood? The Lord is the everlasting God, the Creator of all the earth. He never grows weak or weary. No one can measure the depths of his understanding. **He gives power to the weak and strength to the powerless.** Even youths will become weak and tired, and young men will fall in exhaustion. **But those who trust in the Lord will find new strength.** They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint.”

Here are a few ideas for implementing this instruction to “trust in the Lord”: 1) Make time for worship and attend the worship services at your local church. 2) Pause each day to pray. Even ask others to pray with you. 3) Read a daily Advent devotional (as well as the Bible verses that are listed with it). When you do, it may be helpful to read it again a second time so that you can carefully think about what you are reading. Let it speak to you.

May you find new strength in our Lord Jesus Christ this Christmas season.  
Chaplain Dann Pageler

# ANNOUNCEMENTS, EVENTS, AND UPDATES

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## NEW MEDICATION CARTS

This fall we made a much needed upgrade to our medication carts. The new carts are more functional for our nurses, and they contribute to a more home-like environment that we strive to create for our residents. Thank you to all the NSM staff and Warren Pharmacy for their work in getting the carts ready to go and for a smooth transition. This upgrade was one of many that was made possible by grant funds awarded to us by the State of Minnesota earlier this year. Thank you to our legislators for their investment in our community!



## WE'RE HIRING!

**Cook** — Full-time: 5 days per week, 11:30 am – 8pm & Part-time: 3 days per week, 11:30 am – 8 pm

**Food & Nutrition Assistant** — Part-time: 3 days per week, 7:30 am – 3 pm

**Certified Nursing Assistant (CNA)** — Full-time and Part-time: day, evening, or overnight shift, every other weekend

**Licensed Practical Nurse (LPN)** — Full-time or Part-time: Day, evening or overnight shift, every other weekend

**Registered Nurse (RN)** — Part-time: Two 8-hour day shifts per week, includes every fourth weekend.

**AL Nurse Supervisor (RN)** — Part-time: Two 4-hour days per week

## Family Christmas Program

Monday, December 18  
@ 7:00 p.m.



# FUNDRAISING EFFORTS & UPDATES

## POSTAL CUSTOMER

Non-Profit Organization

US Postage

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Permit No. 100

Warren, MN 56762

ECRWSS



North Star Manor was proud to participate in the 15th annual Give to the Max Day on Thursday, November 16. Give to the Max is a statewide grassroots giving event that raises tens of millions of dollars each year for more than 6,000 causes across Minnesota and beyond. Considered Minnesota's holiday for generosity, donors have given more than \$290 million to more than 10,000 organizations since the inaugural Give to the Max Day in 2009.

Even as the November 16 deadline passed, North Star Manor's donation page to fundraise for resident rooms remains open. Help us reach our \$20,000 goal to finish resident room renovations: <https://give.mn/0yyqsf>

## THANK YOU

FOR YOUR GENEROUS DONATION AND SUPPORT!



## FUNDRAISING GOALS

- Finish the last 38 resident room floors
- Resident room furniture (i.e., beds, dressers, nightstands)
- Handicap accessible van
- Handicap accessible bus
- New therapy equipment
- Outdoor, handicap accessible furniture & activities (i.e., a wheelchair swing)
- Indoor, winter activities

FUNDRAISING CAMPAIGN LINK:

