



Quarterly Update

MEET OUR NEW ADMINISTRATOR

Hello! For those that do not know me, I'm Morgan Skeim, the new Administrator of North Star Manor. While I am new to the facility, I am not new to the community. I grew up on a beautiful piece of hunting land just east of Warren in the Newfolden/Viking area. After I graduated from Marshall County High School, my interests in business and healthcare brought me to the University of South Dakota. There I obtained my Bachelors of Health Services Administration and graduated this past May. During my internship at the Veterans Home in Fergus Falls this spring, I became interested in working in Long Term Care. I am continuing my education in Healthcare Administration by pursuing my MBA at MSUM.

In my free time I enjoy spending time outside, reading, and spending time with family. I have three younger brothers that are involved in many activities, so there is always an event to go watch!

In my first three weeks at North Star Manor, I have been blown away by the tight knit community of the staff and the compassion everyone has in caring for the residents. The staff have also been very supportive as I learn more about my new role. I look forward to my time at North Star Manor, and thank the residents and staff for their warm, supportive welcome.

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SPECIAL POINTS OF INTEREST

- Learn more about the North Star Manor community!
- Volunteers are always welcome to help make memories.
- Call North Star Manor at 218-745-5282 for info on any of the items in this newsletter.



Darlene Pagnac Celebrates 48 Year Milestone!

EMPLOYEE CORNER

EMPLOYEE ANNIVERSARIES

One Year

Tessa Anderson-LPN
Molly Brusseau-Universal Worker
Savannah Bishop-CNA
Kim McCurry-LPN
Sarah Bring-CNA
LaVonne Merten-DON
Brenda Peipus-CNA
Kayla Bergh-LPN
Laura Nybladh-CNA
Ashley Wavra-CNA
Kathy Jones – Universal Worker
Sandra Schwan – Cook
Joyce Storeby – Scheduler
Lana Hoepfer – Social Services
Jennifer Jacobson – CNA

Two Years:

Angie Goulet – AL Manager (LPN)
Nicky Johnson - MDS Coordinator
Erica Cossette - CNA
Matt Desrosier – Plant Director
Camden Parkhurst – Food & Nutrition
Assistant
Tammy DeLisle – RN

3 Years:

Wendy Steer-Food & Nutrition Manager
Amanda Liebersbach – Infection Preven-
tionist

4 Years:

Sheena Quiant-CNA

5 Years:

Jenna Machart-Universal Worker

6 Years:

April Vansickle
Lydia Bruggeman

7 Years:

Izzy Omdahl-LPN

8 Years:

Deb Labine-CNA

11 Years:

Cameron Finseth-Universal Worker

14 Years:

Kelsey Kasprovicz – Food & Nutrition
Director

24 years:

Debbie Sabol-Business Office Director

25 years:

Cindy Goulet-Cook

31 years:

Becky Rivard-Universal Worker

34 years:

Tammy Duckstad-CNA

39 years:

Geraldine Lenhart-EVS

48 years:

Darlene Pagnac-CAN

If you are interested in being part of the NSM family please contact the facility for open positions.

In 1974, a 15 year old Darlene was begging for a job at the Good Samaritan nursing home where her sister worked. Because she was still too young to be a CNA, her first job was in dietary. At 16, she passed her CNA test and has worked here as a CNA for 48 years!

Good Samaritan was in the old college building when she started. They used to have 102 residents at the nursing home and she would work any shift and almost every weekend. She has seen many changes to the campus over the years including the addition of the new building, removal of the old college building, the addition of North Valley Health Center and its connecting hallway, the new assisted living, renovations to the kitchen/dining, and the change of ownership and facility name.

Darlene was one of two employees involved in starting the Alzheimer's unit that existed for a number of years. They went to the

cities to learn about opening a memory care unit; returning to open a 21 bed unit where Darlene then worked for its duration.

Over the years, Darlene has worn many hats within her position as CNA; scheduler, bus driver, bath aide, supplies, medical records, she has even mowed the lawn. Many changes about the way to care for residents have come along. Before mechanical lifts, residents were moved using 3 people, the first lifts used chains and a manual crank. Briefs were a very positive addition! Charting used to be all hand written, records were all on paper. She says she almost quit when computers were going to be utilized for everything, but she's still here, as resilient as ever.

Darlene has cared for 100s of people in her career, including her own family members, previous co-workers, and even friends. She says she feels she was placed on earth for this reason and feels blessed to have been able to help and serve this community. After 48 years, she loves her job more than ever and still loves coming to work every day. It is clear that this community is blessed to have Darlene!



MEET ANGIE GOULET

Greetings from North Star Manor Assisted Living. For those of you that do not know me, allow me to introduce myself to you.

I am Angie Goulet born and raised in Grand Forks, ND. I work as the LPN Charge nurse and Assisted Living Housing Manager at North Star Manor Assisted Living. I have been employed with North Star Manor for 2 years, and have held my current position at the Assisted Living for 1 and 1/2 years.

I earned my Associate's Degree from Northland Community and Technical College in East Grand Forks, MN in 2007. I have worked in the long term care for most of my nursing career before transitioning to the Assisted Living.

I am raising 2 beautiful children: my son Tyler who is 16, and my daughter Tessa who is 13. Tyler is all about hockey and race cars, while Tessa is all about volleyball and spending time with her friends.

When I am not working I enjoy reading, taking walks, spending time outside on warm summer days, cooking, gardening, and trying new adventures. Of course the most important of all, is spending time with my children.

I have fallen in love with North Star Manor, and I am so very happy to be a part of the family. I love helping and taking care of anyone that I come in contact with. Each resident here has their own unique story, and I am so fortunate to be able to listen and enjoy. As I grow in my position at North Star Manor Assisted Living, I could not ask for a better place to spend my time.



ALL ABOUT NORTH STAR ASSISTED LIVING

Who lives in Assisted Living? Well, usually it is someone who just needs a little help when daily activities become difficult. Sometimes it becomes harder to attend social functions and someone is looking for more social opportunities. Occasionally things happen and a person just cannot live alone anymore. North Star Assisted Living in Warren also offers short term stays for those who may want to be closer to family and healthcare during winter months and return home in the spring.

Moving to an assisted living apartment offers a choice of services based on the needs of the individual. North Star Assisted Living offers daily wellness checks, local transportation, scheduled social,

religious, educational, and recreational activities, general maintenance, with staff available and a nurse on call 24/7.

Additional services available include medication management, dressing, bathing, and personal care assistance, appointment scheduling, and periodic nurse assessments.

Other building amenities include a chapel, sunroom, dining room, exercise room, screen porch, fireplace lounge, family dining room, and a guest suite for out-of-town guests.

North Star Assisted Living in Warren offers choice of one or two bedroom apartments with customizable assistance packages based on individual resident needs. If you are interested in more information or wish to book a tour, call Angie at 218-745-4125.



**Please
Watch For
An Open
House At
Assisted
Living In
the Future!**





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www.northstarmanor.org

www.facebook.com/northstarmanor

Dear family and friends,

North Star Manor (NSM) continues to serve the precious seniors in Marshall County. The caregivers at NSM are here 24/7 to love and care for the residents in the skilled nursing and the assisted living facilities. In addition, NSM serves the attached 20 independent senior apartments.

Approximately nine months ago, a committee was formed to raise money for a resident room renovation project. We have done several small fund raising activities and are now starting our First Annual Fund Drive! Money raised for this appeal will go 100% to our room renovation project. Funds will help purchase resident room flooring, mirrors, new shelves for resident rooms, and update the call light system. So far we have completed four resident rooms.

The NSM staff have volunteered their time to do pancake breakfasts and are meeting regularly to think of other fund raising opportunities. We would like to thank all the organizations and individuals who have helped and donated to make the fundraisers a success. We are planning more events for the upcoming months.

NSM is committed to Warren and the surrounding communities; however, we are not viable without help. We are thankful for those who have supported us in the past and are asking that everyone consider donating to our Annual Fund Drive. If you have supported us before thank you and please consider donating to this project. If you have not given previously, please prayerfully consider donating to this very important cause.

To donate, please return the donation slip on the back page of this newsletter or donate online at: <https://www.givemn.org/story/5v4tdf>. We appreciate your support and generosity!

2022 ANNUAL FUND DRIVE

GOAL: \$100,000

RESIDENT ROOM RENOVATION PROJECT

Purpose: To provide residents with updated flooring and furnishings such as mirrors, shelving, etc. to improve the quality of life for our residents by providing them with an aesthetically pleasing environment. Additionally, the purpose of the Annual Fund Drive Project is to update the outdated call light system to assure resident's needs are attended to, while enhancing communication between residents and staff.

CHARITABLE DONATION

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Enclosed is my tax-deductible gift of \$ _____

I would like my donation applied toward:

- Resident Rooms
- Common Area Furniture
- Activities
- General Use
- Outdoor Furniture
- Flooring Project



Thank you for being a part of our community. North Star Manor is owned by the City of Warren and is allowed to accept charitable donations. You receive the tax benefit.

